

Why Touch For Health Kinesiology?

To answer that question, let me ask you to do something. Votre bras droit devant vous élever parallèle au sol. Could you do that for me? Perhaps you don't know French and did not understand that request? If not, it would be unfair for me to expect you to respond appropriately, wouldn't it?

Touch For Health Kinesiology will not teach you French. Even if you wanted to learn French, this won't help. I use this analogy to point out the simple truth that if you do not understand the request, you are not likely to fill it. Perhaps it would be fair to state that you would even ignore it. The same thing happens in the body. I bet you never thought of that. What if your Brain had no idea that your body had a need? What if your Brain thought the need was minor? Do you think that would affect your healing desire and rate? Of course it would!

Let's put that request into English. Elevate your most superior, right radial appendage to an anterior position such that it obtains a condition that equals perpendicularity to the vertical axis of the Earth. That's English but you may not have a clue what I said! This is what happens when someone tries to impress you with big words. You may pretend to know what they are talking about but still, your response may not be appropriate. Am I getting my point across? Peaking your interest yet?

How does this relate to your health? One more example for you. Let's say that you have sore knees and someone recommends a procedure or medication to take which stops the pain. Then, you go out dancing! You no longer have a clue that the knees hurt because the signals from your knees and related tissues have been shut off! What happens? Not only does your Brain stop knowing about the problem and therefore no longer orchestrates a healing, but you are destroying your knees even faster than before! Does that sound like a good thing to you? The degree of need that is perceived in no way matches the real need. In this situation, even if you have everything necessary to rebuild those knees, you won't know that you need it! True healing slows down or stops all together!

What can you do about this? Touch For Health Kinesiology! Enhancing the degree with which you understand the need results in enhancing the degree with which you heal! NOTHING re-establishes your understanding more than Touch For Health Kinesiology. This simple, non-invasive, non-harmful set of tools and techniques that were started by Dr. George Goodheart in the late 1950's and since enhanced through many years of use and spread around the globe, can help you get to a healing place like no other methods in use today. You want to optimize your ability to be well regardless of your concerns? Use Touch For Health Kinesiology!

What was that request at the beginning in simple English? Put your right arm straight out in front of you.

Don't make health complex. Keep it simple and respect the design!

Want health? Don't interfere with your body's attempt at healing. Support it! Contact a Touch For Health Kinesiologist today.

Touch For Health Kinesiology syllabus links are

[TFH class 1](#) of 4

[TFH class 2](#) of 4

[TFH class 3](#) of 4

[TFH class 4](#) of 4

My prerequisite classes needed to be able to take the Touch For Health Kinesiology course include the purchasing and reading of my Body Systems booklets. Once you understand the body enough to know how to recognize a health issue from a natural perspective, you can take a Muscle Testing class. Once the Muscle Testing class is complete you will be ready to take our Touch For Health Kinesiology classes.

This [link](#) will get you directly to the page from where you can purchase the Body Systems booklets.

Welcome aboard!

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